

**BRNICH
KARATE 武**
AND LEADERSHIP ACADEMY
MARTIAL ARTS SCHEDULE **EFFECTIVE AUGUST 19, 2024**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:00pm-5:30pm INTRO CLASS	5:00pm-5:30pm NINJA CLASS (AGES: 4-6)	5:00pm-5:30pm INTRO CLASS	5:00pm-5:30pm INTRO CLASS	5:00pm-5:30pm NINJA CLASS (AGES: 4-6)
5:30pm-6:00pm NINJA CLASS (AGES: 4-6)	5:30pm-6:15pm KIDS GUP CLASS (AGES: 7-12)	5:30pm-6:00pm NINJA CLASS (AGES: 4-6)	5:30pm-6:15pm KIDS GUP SPARRING* (AGES: 7-12)	5:30pm-6:15pm KIDS GUP CLASS (AGES: 7-12)
6:00pm-6:45pm KIDS GUP CLASS (AGES: 7-12)	6:15pm-6:45pm BOARD BREAKING** (AGES: 7+)	6:00pm-6:45pm WEAPONS CLASS** (AGES: 7+)	6:15pm-7:00pm KIDS GUP CLASS (AGES: 7-12)	6:15pm-7:00pm GROUND FIGHTING** (AGES: 7+)
6:45pm-7:30pm CANDIDATE CLASS	6:45pm-7:45pm DAN CLASS	6:45pm-7:30pm TEEN/ADULT SPARRING* (AGES: 13+)	7:00pm-7:45pm ALL GUP HYUNG CLASS (AGES: 7+)	7:00pm-7:45pm TEEN/ADULT CLASS (AGES: 13+)
7:30pm-8:15pm TEEN/ADULT CLASS (AGES: 13+)		7:30pm-8:15pm TEEN/ADULT CLASS (AGES: 13+)		

*MUST BE ENROLLED IN INTERMEDIATE TRAINING PROGRAM

**MUST BE ENROLLED IN ADVANCED TRAINING PROGRAM

STUDENTS ATTENDING SPARRING CLASSES MUST HAVE ALL REQUIRED GEAR TO PARTICIPATE (AVAILABLE FOR PURCHASE)